

# *Lenox Seniors Newsletter*

## *Fall 2020*

*Seniors—*

*I hope that this newsletter is finding you all well and staying positive.*

*This is an unprecedented time and life looks very different from what we are all use to. However with a little patience we will come back stronger and kinder.*

*A little bird told me that some of you were getting together to do workouts in the park. What a great way to stay active through the summer while our senior program is on a temporary shut down due to Covid-19.*

*For now we will be taking things one day at a time. As soon as the township receives the word that our senior group can meet again we will let you all know. I am looking forward to that time as I know many of you are also. Until then I hope you are staying healthy and safe. I miss you all!*

*As always if you need anything at all give me a call 586-727-2085 Ext 119.*

*-Brandi*



Lenox Township Senior Center  
586-727-2085 Ext.119  
seniorcenter@lenoxtp.org

***“When it Rains look for the Rainbow. When it’s Dark look for Stars.”***